



SAMPLE CURRICULUM

FALL: THE WORKING ACTOR

GRADES 2 - 6	GRADES 7 - 12
Saturdays 10:00am - 3:00pm EST	Saturdays 9:00am - 3:30pm EST
Method Acting Creative Movement On-Camera & Commercial Acting	Method Acting Acting for Film & TV Stage Combat OR Improv

METHOD ACTING

Young Actors at Strasberg students will study Lee Strasberg's relaxation and sense memory exercises while learning to make creative choices and explore the art of storytelling.

CREATIVE MOVEMENT

Actors focus on using the body as an instrument and explore full expression through movement. Students will practice different styles of dance and get their bodies moving. This class will also teach actors how to warm up the body and voice on their own and develop healthy vocal habits.

ON CAMERA & COMMERCIAL ACTING

Introductory class for young actors who have limited experience auditioning and acting in front of the camera. Students will learn the basics of executing an audition and callback, focusing on acting for commercials.

ACTING FOR FILM & TV

Acting for Film & TV covers everything you need to know about working in front of the camera. With lessons on self-tapes and auditions, script analysis, and on-camera scene work, this class is perfect for the aspiring screen actor.

STAGE COMBAT

Stage Combat focuses on learning safe and effective techniques of unarmed staged combat, or choreographed fight sequences. Students learn fundamental safety skills and common techniques for crafting effective combat scenes.

IMPROV

This class helps students hone their comedic timing using a range of exercises, including improv, stand up comedy, and scene work.



SAMPLE CURRICULUM

WINTER: THE SCREEN ACTOR

GRADES 2 - 6	GRADES 7 - 12
Saturdays 10:00am - 3:00pm EST	Saturdays 9:00am - 3:30pm EST
Method Acting Acting on Camera Stage Combat for Screen	Method Acting Acting on Camera

METHOD ACTING

Young Actors at Strasberg students will study Lee's relaxation and sense memory exercises while learning to make creative choices and explore the art of storytelling.

ACTING ON CAMERA / CREATING YOUR OWN WORK

Each winter, LSTFI holds the annual Young Actors Film Festival. In our Acting on Camera class, Young Actors have the opportunity to write, direct, and act in short films in anticipation of the festival. This class will be split into two blocks, one focused on writing and creating your own work and the other on filming.

STAGE COMBAT FOR SCREEN

Stage Combat focuses on learning safe and effective techniques of unarmed staged combat, or choreographed fight sequences. Students learn fundamental safety skills and common techniques for crafting effective combat scenes for the camera.



SAMPLE CURRICULUM

SPRING: THE STAGE ACTOR

GRADES 2 - 6	GRADES 7 - 12
Saturdays 10:00am - 3:00pm EST	Saturdays 9:00am - 3:30pm EST
Method Acting Creative Movement Acting the Song	Method Acting Musical Theatre OR Working with the Director

METHOD ACTING

Young Actors at Strasberg students will study Lee's relaxation and sense memory exercises while learning to make creative choices and explore the art of storytelling.

CREATIVE MOVEMENT

Actors focus on using the body as an instrument and explore full expression through movement. Students will practice different styles of dance and get their bodies moving. This class will also teach actors how to warm up the body and voice on their own and develop healthy vocal habits.

ACTING THE SONG

Students will learn how to approach a song from an acting standpoint and practice bringing their authentic self to their performance. Students develop and polish the same song for several classes before moving on to another, slowly building a book that they can take into musical theatre auditions with confidence.

MUSICAL THEATRE

Each class, Young Actors will practice physical and vocal warm ups, focusing on technique and developing healthy habits. The teachers will work collaboratively with the students in selecting songs, including solos, duets, and ensemble numbers. Students will also learn choreography or blocking for these numbers and practice merging their singing, dancing, and acting skills.

WORKING WITH THE DIRECTOR

This course gives students the experience of working with a professional director and developing a play through analysis, rehearsal, and performance. This class will culminate in a small scale production that includes tech and costuming.